

Relocation Classes:

[First Move](#)

January 9 from 1130-1330 at Corry Station or January 15 from 1430-1530 at NASP

Open to everyone who will be moving. Terminology explained and all questions answered. If you have orders you can use our computers and set up your move!

[New Military Spouse Orientation](#)

January 9 from 0800-0900

Open to all service branches, virtual and in person. Learn about the military life and where the spouse fits in to it all. We even have a dictionary for military acronyms!

[Welcome Newcomer](#)

January 9 from 0900-1000

Learn what is available to you at your new home base of NAS Pensacola.

[Base Tour](#)

January 10 from 1200-1400

Learn Interesting facts about America's first settlement and this base while learning how to get around.

[Pre-Deployment](#)

January 16 from 0900-1000

Preparing families before deployments.

Life Skills Classes:

[Parenting with Purpose-Tips for Blended Families](#)

January 2 from 0900-1000

Learn some techniques for dealing with issues and get some suggestions for creating harmony with step-children, biological children, mom, dad, step-parents, exes, visitation, house rules, traditions, jealousy, parenting, and discipline.

[Mind-Body Mental Fitness \(MBMF\) - Flexibility, Module 4](#)

January 6 from 0900-1100

Learn how your thoughts, emotions, and behaviors interact with each other and how they can be changed.

[Keeping Your Cool](#)

January 7 & 14 (2 Sessions) from 0930-1130

Why is it important to know about anger? Learn how the body reacts to anger while learning coping tips to correct it.

[Parenting with Purpose-Partners in Parenting](#)

January 15 from 1300-1600

Learn about pregnant partners and new babies so you will be ready when the big day arrives.

[Love Talk-Couples Communication](#)

January 17 from 0900-1200

Build a happier relationship by developing better communication skills, managing your stress as a couple, and finding ways to compromise

[Making the Grade-Studying Strategies for College](#)

January 27 1300- 1400

Study smarter not harder starts with properly managing how much time, and how, you are studying. Learn about several new and innovative ways to study .

Transition Assistance:

[My Employment](#)

January 13 & 14 from 0800-1530

This workshop presents a comprehensive overview covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment.

[My Entrepreneurship](#)

January 15 & 16 from 0800-1530

This workshop is for those interested in exploring business ownership or other self-employment opportunities. Participants learn about evaluating business concepts, developing a business plan, the resources available to access technical assistance, start-up capital, contracting opportunities, and more.

[My Intro to SkillBridge](#)

January 21 from 1300-1500

Interested in the DoD SkillBridge program, or unsure of what it is? Sign-up to attend this 1-hour class that will teach you what the program is, who is eligible, and how to apply.

[TRICARE](#)

January 24 from 0800-1000

Learn about the healthcare benefits you are entitled to when you retire.

[Survivor Benefit Plan \(SBP\)](#)

January 24 from 1000-1200

Learn about the SBP plan, which allows a surviving spouse to continue receiving a substantial income source in the event of the death of a military retiree.

[Capstone Workshop](#)

January 30 from 1330-1530

This workshop will ensure transitioning service members have met the TAP Career Readiness Standards (CRS) and are prepared to transition back to civilian life.

Employment Assistance:

[USAJOBS & Federal Resume Writing/Interviewing Skills](#)

January 21 from 0800-1200

Attendees will receive information on creating both federal and civilian resumes. Review different types of Federal Employment Hiring Preferences and Special Hiring Authorities as well as when to apply them respectively. They will also learn tips and tricks on how to make their best first impression before, during and after their interview.

[Career Expo](#)

January ?

Come learn about Employment and/or SkillBridge opportunities at this networking event. All companies are DoD SkillBridge approved. For more information, contact Ariel Raymond at 850-452-5990.

Fleet and Family Support Offices will be closed on January 1, 2025 in observance of New Year's Day, and January 20, 2025 in observance of Martin Luther King, Jr. Day