



Military OneSource

800-342-9647

militaryonesource.mil

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Military OneSource is a Department of Defense funded program providing information, referral, non-medical counseling, website, specialty consultations, educational materials, and many other services. **Military OneSource** services are provided through the call center 800-342-9647 and website at www.militaryonesource.mil to service members and the families of the active duty, National Guard and reserve regardless of activation status, Coast Guard and their families when activated for the Navy, and members of the Civilian Expeditionary Workforce and their families. Services and support are available worldwide 24 hours a day, seven days a week, at no cost to the user.

Military OneSource provides the following support to service members and their families:

- **Confidential comprehensive information and assistance** on every aspect of military life. Information includes, but is not limited to deployment, reintegration, financial, relationship issues, grief, spouse employment and education, and parenting and life skills. All calls to the call center are answered live by a master's-level consultant.
- **Confidential and no cost non-medical counseling.** Non-medical counselors are master's or PhD level, licensed, and credentialed clinical providers. Non-medical counseling is available for up to 12 sessions, per person, per issue and is intended to prevent the development or exacerbation of lifestyle conditions that may compromise military and family readiness. Non-medical counseling is available via face-to-face, secure online chat or video, and telephonic non-medical counseling modalities.
- **Wounded, ill and injured resources**, accessed through the call center, are available 24/7/365 to provide immediate assistance to service members or families with issues related to health care, health facilities, and benefits for the wounded
- Online and telephonic personalized **health coaching** to both service members and families.
- **Special needs, adult and elder care** consultations provide assessment of the family's needs and provide information such as, but not limited to education, finances, and support groups.
- **NEW- Peer-to-Peer consultations** from consultants who are either a veteran or current member of the National Guard or reserves or a military spouse who can relate to a service member through their shared experience. Peer support consultants possess the experience, knowledge, training, tools and resources to assist them with referrals tailored to their needs.
- **Education consultations** provide information such as, but not limited to college admissions process, financial aid applications, and tutoring.
- **Tax consultation and electronic filing** is available for service members and their families.
- **Financial counseling** in person, by phone, or via video conference is available for budgeting, money management, debt consolidation and housing issues such as mortgage default or foreclosure issues.
- **Simultaneous interpretation** and **Document translation** is available for official documents, in more than 150 different languages and is certified and notarized when needed.
- **Educational materials** are available in a variety of topics and formats.
- **Adoption consultations** to address the unique issues of military families.